

## At A Glance

### Who Would Benefit The Most?

Top executives with issues that aren't being resolved in the environment in which they were created and/or those who need a perspective and effective reflection time.

### Business Issues Addressed:

- Executive team performance
- Challenging decisions
- Succession planning
- Transition and growth
- Conflict and work/life balance
- Leadership development
- Financial performance
- Lack of clarity
- Uncertainty of how to move forward
- At an impasse with stakeholders

### Outcomes Earned:

- Measurable and committed actions
- Business results that matter
- Improved financial performance
- Breakthrough thinking
- Increased energy
- Sense of enthusiasm and adventure
- Walking your talk
- New learning and sunshine

### How Does it Work:

One or two half-day sessions per month, with the option of a weekly one hour coaching session in between. Costs vary depending on time and activity but start at \$1200 per month.

### Activities to Stimulate Breakthrough Thinking:

Motorcycle riding (you already have your class 6 license), horseback riding, canoeing and fly-fishing.

## A D V E N T U R E P E R F O R M A N C E

# Where Do You Do Your Best Thinking?



We bet you didn't just answer "in the office"! Imagine solving an issue that has been challenging you for awhile on the back of a horse on a beautiful sunny afternoon or riding your motorcycle on the open road. Dedicate time to contemplating the issues that require your best thinking as you get out of the office and explore Alberta.

You are successful, accomplished and efficient but find yourself lacking in time for creative thinking or effective reflection. You know you could get a handle on the issues that have been challenging you if only you could separate yourself from the office.

When was the last time you stopped to ask yourself these questions (and actually listened to your response)?

- *What do I need to do to move past the barriers that are blocking me?*
- *What can I learn from this challenge I'm currently facing?*
- *How am I getting in my own way?*
- *What if work was more like play?*

Clarity, powerful decision making, courage, and effective leadership all require you to be at your best. How are you managing surrounded all the time by the same environment?

BalancePoint is in the business of creating effective learning, necessary reflection time, and outstanding results. We provide you with a professional coach, the opportunity, and the environment in which to generate solutions.

### The Business Case to Get Out Of The Office

The most effective leaders recognize the need to get out of the office to stimulate creative thinking. Einstein even said *"The significant problems we have cannot be solved at the same level of thinking with which we created them"*. We work with you to jump-start your creative thinking process. We help you focus on the issues that are challenging you and ask questions to guide you to think differently in terms of possible solutions.

The difference between struggling and being at your best is often found in the choices and assumptions that you make each day. Unless you have done it, this may sound like 'play' but the results will floor you. You are important and the decisions you make far-reaching. To that end, gaining clarity on an issue and coming back with concrete answers provides tangible, measurable results with 8 to 10 times the ROI and the benefit of some fresh air.

Interested in getting out on the open road to jump-start your creative thinking? Call (403) 668 0185 for a complimentary introductory coaching session. It is one hour that will make a huge difference in your life.

What if work was more like play?