

At A Glance

Who Would Benefit The Most?

Those planning to retire or are recently retired.

Business Issues

Addressed:

- Stress
- Communication problems (at home or work)
- Business changes
- Succession planning
- Leadership issues
- Impact on clients or other stakeholders
- Lack of strategy
- Work/life imbalance
- Unrealistic expectations

Outcomes Earned:

- Clarity
- Increased energy and commitment
- Ease of transition into your new role
- Balanced work/home life
- Action plan defined and followed
- Objectives achieved

Cost:

\$1200 per month

How It Works:

1 hour a week; 4 sessions a month. Refer to our 'Logistics' sheet for more information or check our website at www.balancepointpartners.com.

RETIREMENT PERFORMANCE

You Always Believed You Would Retire Early, So What's Stopping You?



Retirement at any age is both a transition and an opportunity. How do you embrace all the emotions, changes and adjustments that are associated with this rite of passage? How do you embody this new role and still satisfy your need to be a productive, contributing member of society?

Retirement involves a lot more than no longer going to the office. This change impacts you and all those around you, especially your family. Have you considered the following?

- *How do I deal with not being needed at work?*
- *When is the right time for me to retire?*
- *How will my spouse adjust to me being around more often? How will I adjust to my spouse?*
- *Now is my chance to do the things I have always wanted to do but what exactly is that? Where do I start?*

Retirement is a transition, a change in routine, a new way of being, and a chance for new fabulous opportunities. BalancePoint is in the business of easing the process into retirement by helping you address the issues you face and supports you through the change to ensure you are able to take advantage of the opportunities.

The Business Case For Retiring

Retirement sounds like an easy process yet there are significant changes that have to be dealt with. The difference between struggling and being at your best are the assumptions we make and the actions we take.

BalancePoint holds you accountable to yourself, guides you to greater clarity and focus, and confronts and dispels the assumptions you hold. It is all about retiring with greater focus and intention on what you plan to do in the next exciting chapter of your life.

Never thought of all the issues related to retiring? Unsure of how to move forward? Call (403) 668 0185 for a complimentary introductory coaching session. It is one hour that will make a huge difference in your life.

What roadblocks are standing between you and retirement?